

What is Cursillo?

Summarised from NEC library document "What is Cursillo" (2003) by David Prosser

Cursillo is intended to help Christians learn and live what is fundamental as a Christian.
... to help them discover and live out a personal vocation.

Its goal is to bring the world to Christ by:
... empowering adult Christian leaders...
... through the use of a specific method ...
... which equips and encourages ...

Cursillo = "a short course" – such as one would run in a race (not an intellectual exercise).

Cursillo is intended to make both:

- Saints – people who know... God's love & grace ...who live life from this relationship.
- Apostles – saints who have a mission to share [that knowledge] with others.

"We are blessed in order that we may be a blessing for others." (Gen 12:2)

- Cursillo language is action-oriented.
- Cursillo is a movement of the whole church.
- Cursillo uses a distinctive method (see below).
- Cursillo intends to create groups of Christians bringing Christ into the world and bringing the world to Christ.

The Cursillo method (in a nutshell):

Pre-Cursillo:

- Episcopal patronage and pastoral planning
- Sponsorship
- Organisational structures

Cursillo:

- The 3-day Weekend (the centrepiece, but not the "main thing")

The Fourth Day: (the "main thing")

- Spiritual Direction
- Group Reunion
- Ultreya